



Mini Tennis Red Award 2



Approximate court size: Halfway between the net and mini Red court service line
 Approximate age: 4-6 years

	Game situation	Skill
1.1	When serving	Can serve over-arm with ball and racket held together in a <i>high five</i> starting position and use racket to <i>push</i> ball over net to a cross-court area. Stance semi-open.
1.2	When serving	Can make contact above the head after a <i>high five</i> starting racket position and ball placement with non-dominant hand using <i>1-2 timing</i> and bump the ball over the net. Stance semi-open
2.1	When throwing	Can underarm throw with correct rhythm (slow to faster) accurately to a <i>short, medium and far</i> targets. Can catch ball after one bounce with 2 hands at each target.
2.2	When throwing	Can throw over-arm over the net from pre-throw position into cross-court area with balance (keeping both feet planted). Stance semi-open, elbow level with shoulder, upper arm to lower arm 90 degrees. Non-dominant arm slightly raised above head height pointing towards direction of throw.
3.1	Can start a rally	Can start a rally with a self-feed (palm up, gentle lifted placement) and after one bounce play ball over net in a cross-court direction from a FH <i>starting position</i> with a lower to higher push feeling.
3.2	When playing FH	From a <i>ready position</i> (dominant/bottom hand in shake-hands/eastern grip) can <i>beat the bounce</i> of incoming coach/leader hand-feed by moving to a <i>starting position</i> to find contact and play ball back over the net to feeder with a lower to higher push feel maintaining stable wrist position/hitting zone (where strings go, ball goes)
3.3	When playing BH	From a <i>ready position</i> (dominant hand below and both in shake-hands/eastern grip) can <i>beat the bounce</i> of incoming coach/leader hand-feed by moving to a <i>starting position</i> to find contact and play ball back over the net to feeder with a lower to higher push feel maintaining stable wrist position/hitting zone (where strings go, ball goes)
3.4	When playing FH & BH	Can play a FH or BH rally (5 shots +) from <i>beat the bounce starting position</i> with coach/leader who takes a timing touch prior to sending ball back
3.5	When playing FH & BH	From a <i>ready position</i> can read and call out whether ball is coming to FH or BH side and then move to the <i>beat the bounce starting position</i> to find contact and play ball back over the net
4.1	When volleying	Can show a FH & BH <i>show the strings starting position</i> (racket just off upright) in semi-open stance and can <i>bump</i> ball back over net from a coach/leader hand feed towards a CC and DL target.
5.1	At play	Can count shots <i>in and out</i> and understands successful attempts and can begin to keep count and/or a score
6.1	The learner	Can listen and carry out instructions from the coach/leader with no parental support from the side to do so. Can greet a coach 'hello' and can thank them at end of session with a high 5!
6.2	The learner	Sticking at it. Shows good attendance to sessions – 75% or more